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# PE YEAR 11 Curriculum Newsletter

## Contact

 Chris Mills  
WPT PE Subject Director  
cmills@  
gainsboroughacademy.com





## Curriculum Intent

A high-quality Physical Education curriculum inspires all students to participate in a broad and balanced curriculum.

It should provide opportunities for students to become physically confident in a way which supports their health and fitness.

Opportunities to compete in sport and other activities, build character and help to embed values such as fairness and respect. We also aim to develop the social and emotional well-being of our students.

## Year 11 Curriculum

Our Physical Education curriculum includes invasion games, striking and fielding games, net/wall games, athletics and healthy lifestyles which provides students with a well-rounded education that promotes physical activity and encourages lifelong fitness habits.

In addition to these traditional physical activities, the curriculum also includes inclusive sports such as sitting volleyball, boccia, goalball and blind football.

In Year 11, students continue with one CORE PE lesson a week and this has focussed on game play. The Year 11 qualification group this year were the last cohort to go through BTEC Sport and completed their Personal Training unit to great success.

GCSE students have followed one theory lesson and one practical lesson a week. They have concentrated on mastering their sports to be moderated as well as preparing for their exams that they take in May and June.

Year 11 students will continue to develop their character and physical competence as well as increasing their knowledge and understanding of the value of life long participation in Sport. This is done by ensuring lessons are both engaging and purposeful as well as additional opportunities for students to 'try something new' in the form of taster sessions.

Students should tackle complex and demanding physical activities. They should get involved in a range of activities that develop personal fitness and promotes an active, healthy lifestyle.






## Assessment Points




In Year 11, students are given effort grades in CORE PE. In Sports Studies, students submit their Practical and Leadership unit in January. Y11 GCSE Students sit their two exams in May and June and Sports Studies students sit theirs in May.

### Immerse Yourself

#### GCSE Seneca PE Revision

-  Develop Skills
-  Tests and Topics
-  PE Revision at Home

#### BBC Bitesize GCSE PE

-  Get Revising Quicker!
-  Quizzes and Links
-  Study Support and Revision

Students can use GCSE BBC Bitesize, along with a range of revision tools:

- The EverLearner Physical Education Revision Playlist - YouTube
- Seneca GCSE PE Revision

If they are struggling with topics in lessons or want to enhance their learning in the classroom then these resources are ideal for covering content at home.

## Test Your Knowledge with Quizlet...

Quizlet's Y11 PE flashcards are a fantastic way to memorise relevant PE knowledge to help you with your studies. Click on the icon below to start!





# Praise and Reward

Our rewards system can be broadly split into four categories: classroom level, subject level, school level and privilege rewards. We'll focus on classroom and subject rewards here - for more information about our rewards schemes, please see our website.

## CLASSROOM LEVEL REWARDS

Awarded for: working hard, taking risks and rising to a challenge, making mistakes and learning from them, helping others, and taking pride in the school community.

Rewarded by: praise postcards, positive phone calls to parents/carers, positive text messages home, and lesson based prizes.

## SUBJECT LEVEL REWARDS

Reward scheme: Star of the Week, Curriculum Awards (Subject/School Way, Participation, Working with Pride, Embracing the Whole Curriculum), High Flyer, Extra Mile, Most Improved.

Rewarded by: names displayed on reward boards, certificates, social media posts.

# Broadening Horizons

Across the trust, there have been many opportunities for Year 11 to get involved in broadening their horizons in sport.

These include; the movement dance festival, ski trips, climbing events, Wimbledon trip, a football tour to Valencia, the world challenge in South Africa at WSSC, Duke of Edinburgh Award, trips to the Rotherham Civic Theatre and to London to see live dance shows.



## Live for Today - Rock Climbing

Elevate your adventurous spirit with their outdoor climbing experiences, tailored for everyone! Their climbs are set in Yorkshire's most scenic landscapes, giving you a local taste of adrenaline. Click on the logo to find out more!

## Valencia CF Tour

Fans have the unmissable opportunity to discover the inner secrets of one of the oldest stadiums in La Liga with a guided tour around Mestalla. They will be given a behind the scenes view of what goes on at Mestalla and told interesting facts and details. The tour passes through the most emblematic areas including the dressing rooms, the press room and the tunnel leading to the pitch where players first hear the roar from the crowd on matchday. Click the image to watch the video!





# Careers

We run a series of 'Careers in the Curriculum' weeks in our school. For PE, this week takes place in the winter term.

Students take part in activities to encourage them to think about how what they learn in the classroom can be applied in a number of future careers.

Y11 have been discussing a variety of possible career routes that can come from studying PE. One of these is Sports Journalism, which can lead to presenting, reporting and event hosting. Click on the link below to hear Max Whittle discuss different career routes and how he became a success in Sports Journalism.



## The PE Way

We make Healthy Life choices, We show effort and determination, We participate in a safe manner, We solve problems, We are creative, Its about the we not the me, We are team players, We self-reflect and analyse, We are team players, We show good sportsmanship.



Have your say! ✨

At WPT we're always looking for feedback. If you have any thoughts/opinions on this Curriculum Newsletter, its content or the curriculum in general, please click on the title to fill out a short feedback form.